

WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **between 22 and 44** people in Church and **no** people in Church Hall

SUN JULY 26 8TH SUNDAY AFTER PENTECOST

1 Cor 1:10-18 Mt 14:14-22

11:00 Divine Liturgy for Our Parishioners and
HGB Darren Hall by MaryAnn Drumtra

Tue July 28 8:30am Divine Liturgy for Our Parishioners and
HGB Dr. Michael and Linda Lechman by Fr. Alex

Wed July 29 8:30am Divine Liturgy for Our Parishioners and
HGB Seamus Keabncy (Busines Success) by Eugene Kokinda

Thu July 30 8:30 am Divine Liturgy for Our Parishioners and
+ Vicki Preston by Ann Kelly
6:00pm "ROSARY" Prayer for Protection and Healing of the
coronavirus and all serious illnesses by Men's Club

SUN AUG 2 9TH SUNDAY AFTER PENTECOST

1 Cor 3:9-17 Mt 14:22-34

11:00 Divine Liturgy for Our Parishioners and
HGB Aleksandra, Ivanna, Julianna and Jerry by Fr. Alex

God bless America!!!

LIVE-STREAMING DIVINE LITURGY AND PRAYERS

Ascension of Our Lord Byzantine Catholic Church is providing live broadcasts of Divine Liturgy and prayers on the internet for those who would like to experience our worship and pray with us, but are unable to join us because of limited access due to COVID-19, work, personal illness or distance.

Attending the services via live streaming is an aid to sincere devotion but if you are able, we look forward to having you join us in person.

For easy access to our Facebook, go to our website, ascensionVA.org and link to our Facebook page. Past liturgies are also in an archive of videos on our website.

Schedule

Divine Liturgy: Sundays, 11 AM
Tuesdays, 8:30 AM
Wednesdays, 8:30 AM
Thursdays, 8:30 AM

Rosary: Thursdays, 6 PM

Keep practicing social distancing and use a mask when out and about as we continue through the "reopening" process.

Thank you again for your continued support and your patience as we work through these challenging times together.

Please pray for me and I will continue to pray for you. Let us not forget to pray for our country!
Fr. Alex

Recommendation from Bishop concerning attending Divine Liturgy and receiving Holy Communion.

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, “Let each one examine himself.” If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here: ever this day be at my side, to light and guard, to rule and guide. Amen

Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

Parishioner to Parishioners

Reverence – A deep respect for someone or something.

Ritual - A religious or solemn ceremony consisting of a series of actions performed according to a prescribed order.

I just watched a video of a Catholic parish up in the Midwest in which you could walk into the church after Mass, proceed to the contribution bucket, drop off your donation, and walk over to a table where you could pick up an envelope containing a consecrated host. You then proceed out to your car, get in the car and then take the host out of the envelope and take communion. No word if you had to buckle up first.... The church is typical of post Vatican II Roman Catholic Churches and looked like any hotel lobby.

We are losing (in this case lost) our reverence for the Blessed Sacrament. At this church, receiving communion is becoming no different than buying chicken nuggets. The only thing missing in this is the drive through window.

Before we go further, I saw that after this practice started there was a uproar from the faithful, and the Bishop of the diocese stopped the practice. Even so it took the laity to stop it.

A consecrated host is the real body and blood of Jesus Christ. This is a dogma of our Catholic faith. It is not debatable. We consume it for the sole purpose of our salvation. “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.” Jn. 6:53

This practice of getting Communion in an envelope and leaving the church also sets up a situation for the misuse of the consecrated host. Satanists actually use a consecrated host in their black masses and rituals so as to defile the body and blood of Christ. So much wrong with this situation and much to say. Let’s keep this short.

Today we have so many government protocols concerning COVID. Wear a mask, social distance 6-10 feet, stand on the X or a piece of tape, bump elbows, wash hands in a precise fashion for so many seconds, use hand sanitizer, and wear gloves. They have become our new secular rituals. OK, I understand the need for safety. These safety protocols should never be used in a way that dilutes the reverence and the sacred ritual we have for our Holy Eucharist and our faith.

Consider now how we enter our churches and conduct ourselves. Consider how we approach the altar and how we approach Holy Eucharist. In what manner of reverence do we come into the house of God? Do we take these things as seriously as we do the COVID rituals? Or do we just stay away from the church altogether and take our family to the drive through window?

Dad

COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip’s Hall for schedule of Lectures, Financial Recorders and Hospitality.
NO Hospitality

FINANCIALS

Total Contributions: Monthly Dues -120.00 Holyday 0.00
Offertory – 652.00 Non-Monetary Donation – 121.82 Fuel –0.00 Rainy Day Fund-000.00
Fund Raisers Income Tag/Yard Sale – 00.00 Candles – 103.00
Insurance Reimbursement - 8,912.98

Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. Please Call Patty or Sasha.

Sanctuary Lamp:	HGB Margan Family , Requested by Katarina Margan
Tetrapod Lamp:	For Our Parishioners
Theotokos & Child Lamp:	HGB Morgan Kelly , Requested by Ann Kelly
Christ Teacher Lamp:	HGB David Noonan , Requested by Chris Noonan
John Baptist Lamp:	HGB John Alexander , Requested by Lee and Kathy Alexander
Protection Theotokos Lamp:	HGB Patrick Alexander , Requested by Lee & Kathy Alexander
St. Nicholas Lamp:	HGB Kevin Kelly , Requested by Ann Kelly

When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon

HAPPY JULY BIRTHDAYS

28th Isadora Jane Collins

HAPPY AUGUST BIRTHDAYS

2nd Rino Picconi

4th Fr. Alex Shuter

10th Frank Janke

11th Adithia Kusno

17th Sydney Marie Karlson

21st Loretta Fetsko

28th Micalah Cook+

JUNE EVENTS

Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

New Information:

Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Father or a Trustee.

Nadia Shockley's Father, Roman Slysh, is seeking a caregiver to live with him in his beautiful lake home in Raleigh, NC. Mr. Slysh is a healthy 93-year-old of Ukrainian descent. He is seeking a lady of Eastern European descent to live with him and fulfill duties of cooking, cleaning, and companionship. Mr. Slysh is healthy, drives, and leads an active life. He is active in the Ukrainian Catholic church in Raleigh. If anyone has any possible contacts, please contact Nadia Shockley at 757-867-0882 or nadiashockley62@gmail.com

Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I'm Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."

Lord, I'm not praying for miracles and visions, **I'm only asking for strength for my days.** Teach me the art of small steps.

Make me clever and resourceful, so that I can find important discoveries and experiences among the diversity of days.

Help me use my time better. Present me with the sense to be able to judge whether something is important or not.

I pray for the power of discipline and moderation, not only to run throughout my life, but also to live my days reasonably, and observe unexpected pleasures and heights.

Save me from the naive belief that everything in life has to go smoothly. Give me the sober recognition that difficulties, failures, fiascos, and setbacks are given to us by life itself to make us grow and mature. Send me the right person at the right moment, who will have enough courage and love to utter the truth!

I know that many problems solve themselves, so please teach me patience. You know how much we need friendship. Make me worthy of this nicest, hardest, riskiest and most fragile gift of life.

Give me enough imagination to be able to share with someone a little bit of warmth, in the right place, at the right time, with words or with silence.

Spare me the fear of missing out on life.

Do not give me the things I desire, but the things I need.

Teach me the art of small steps!'

“A Soulful Prayer by Antoine DE Saint-Exupery”